

RAINBOWS

- R** is for reading; we've done a lot more now coronavirus is out the door.
A is applause when we go out and cheer and clap our keyworkers and hope they can hear.
I solation, what a word, it makes us very lonely. We have to stay away from our lovely friends and family.
N NHS and all who care to keep the people well, the shop staff, bin men, postmen all have a tale to tell.
B the bravery of carers who go out every day, to help the sick and dying and are always in harm's way.
O xygen is essential for much intensive care, to keep our breathing going as we fight this bug, once rare
W a daily walk you are allowed but must not meet to make a crowd!
S chool what a nightmare for the mums, they have to teach their girls and sons.

We've seen them, rainbows everywhere with colours that are bright,
Part of life at this sad time, a hopeful, pretty sight,
Some side effects of Covid are very strange indeed,
We've all become much kinder and help our friends in need.
The roads are much, much quieter, the air is good to breathe,
We queue so nicely outside shops where once we used to seethe.
We hope, when this is over, as it will be soon we're told,
We'll all be nicer people, with hearts and minds of gold.

by Ann Procktor