

Life goes on

The sun still shines and rain still falls ,
The nighttime sky still darkens ,
Still filled with wonders ,
The moon comes up ,
The stars still shine
Life goes on ,
Different ...but continues .

Be thankful for the sunshine ,
And for every day that comes ,
Enjoy the simple things in life,
Don't rush ...Stop ...
See the beauty that surrounds you ,
Be still... and listen to the bird song .
And watch the animals at play .

Remember those who have loved and lost .
their sadness runs so deep .
And spare thought for those who fought ,
Their Kindness is inbounding ,
And all around us flows.
Help when you can and give your time .
Stop and listen ...as life goes on.

This world is different , but days still dawn.
Call those you love and keep them close ,
Help those who are alone or hurting ,
Don't judge , do what you can .
To make this world a better place ,
Stay still and listen and help in any way
And Remember always , life goes on ,

By Annie M