

Insanity for humanity is what we chose – Stay at home – Covid-19

Well it's TRUE, it's not just you.

We are in the firing line, at the front supporting our residents, family and essential visitors who still come and go. We are the ones getting the brunt.

Put yourselves in our position it's like we are on a mission.

We don't think you know, as it doesn't seem to show.

Stay at home is what we are told by the government and company to protect our residents who are old.

Does anyone care or treat us fair. Families shout and take their emotions out on us. We are the resident's security and comfort, although the times have given us unjust.

Our residents and family fail to understand we are just as vulnerable, we fear and shed a tear as we stay polite and are still ready to fight.

At night we sleep but gain no rest, finding it hard to settle we still continue to get up out of our nest. We are struggling to motivate ourselves and remembering we are doing our best.

United we can stand strong and stay hopeful and have a sense of belong.

We will fight this virus and embrace this journey, because we are all worthy.

Actions speak louder than words soon we will be free and fly high like birds.

We carry out our duties as key workers at a risk to our families and lives without any protest. To know we have all performed our best and passed the test. Covid19 will be defeated.

Please stay at home, listen and learn what ignorance has cost in other countries. We need to protect and keep our boundaries.

By Ani