

Corona Virus

I have been in isolation for nearly 3 weeks
Because of my age and diabetes
Each and every day the same
So that I forget its name!
After breakfast I go for a walk
Then sit on the bench and talk
Then when its cold I go back in the flat
Take off my woolly hat
Wash my hands till they are sore
And Sanitise the handles of my door
I read and colour and make some calls
Sitting here looking at my four walls
It is so boring I must say
That's what it is like every day
I miss the family even though we speak
Every day of the week
I could be here for many a week
Until the virus reaches its peak
Then what will happen I do not know
Back to normal will be slow
I wonder if our live will be
Ever again happy and free
I really hope the time will come
For love and happiness for everyone.

Angela Ross