



LIFESTYLE  
SERVICES

Housekeeping.  
Wellbeing.  
Personal support.


Relax, we'll take care of it.

Flexible, competitively priced and delivered  
by genuinely lovely people who'll take the  
time to get to know you.

Our award-winning Lifestyle Services are  
here to make your life easier.

McCarthy & Stone

*Welcome Home.*

Our staff are  
DBS-Checked 

Inspected and rated by  
 Care Quality  
Commission



Whatever you want,  
whatever you need  
– just ask.

Your friendly, dedicated team who you will know and trust, can help with almost anything.

**The things you want to do** – like pampering nail care, repotting your begonias or a trip to the latest show at the theatre.

**The things you don't want to do** – peeling potatoes, mopping the floor or changing bed sheets.

**And the things you need** – like food delivery, personal care or picking up your prescription.

*“Our customers deserve nothing less than the highest standard of care – and our incredible team go above and beyond to deliver exactly that.”*

Vanessa, Registered Estate Manager

“I’m living the dream! The laundry service they offer is exceptional and on the odd occasion I have needed extra help, their attendance is always quick and of the highest quality.”

Homeowner  
at Lyle Court



## LIFESTYLE SERVICES

Our services start from as little as £12 for half an hour's help around the house.

If you can't see the service you'd like from our list, just ask. We'll do our best to help.

### For your home

#### House-keeping

- Laundry
- Ironing
- Cleaning
- Refuse removal
- Freezer defrosting
- Bedding changes
- De-cluttering
- Seasonal wardrobe changes
- Pet sitting\*

#### Life admin

- Technology support
- Paperwork support
- Online shopping

### For you

#### Pampering

- Hair styling and drying
- Make up
- Shaving
- Moisturising
- Nails
- On-site beauty salon\*

#### Wellbeing

- Companionship
- Daily check-in's
- Partner support
- Bereavement support
- Food shopping/delivery
- Meal planning/preparation

#### Health

- Prescription pick-ups
- Medication support
- Catheter care
- Surgical applications
- Post-operation care

#### Personal support

- Dressing
- Walking
- Bathroom routines
- Waking/sleeping nights
- Live in help at home
- Mobility safety and falls support\*
- Health and environmental check

*“Every member of the team goes above and beyond to make our customers feel safe, supported, and valued. They notice the small things – and it’s these moments that make an enormous difference.”*

Katie, Registered Estate Manager

## Why choose our Lifestyle Services?

### **We’re here for you.**

Friendly, reliable, and compassionate – we love our jobs and care deeply about the people we work with.

### **We’re already close by.**

We don’t have to travel far between visits, so we’re here when you need us – and we’re never in a hurry.

### **You’re in control.**

You choose the services you want at times that suit you – and you can scale services up or down – helpful if you’re ever feeling under the weather.

### **The price is right.**


Our unique model means we deliver exceptional care and services at a competitive price.

Call us on **0800 185 5455** from 7am - 10pm  
for free and confidential expert advice,  
or to create your personal plan.

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\*Restrictions apply. Services subject to contract, availability and location. Advance booking required.  
Price correct at time of print and may vary by development.

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